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# 101 Secrets For Your Twenties



## Synopsis

"Wow, may I just say how freakishly applicable these 'secrets' are to my life in my 20s?"@ABsport19 "I haven't laughed all day, until I read this. Hysterical & brilliant truth... So thankful for @PaulAngone" @kenin312 "Probably some of the best pieces of advice for 20-somethings ever. I especially love 5F, lol" @Emilyann54 "I wish I had this list when I was in my 20s...I hope more people in their 20s, feeling all alone can read this." Reader, AllGroanUp.com Every twenty-something needs a little black book of secrets. Our twenties are filled with confusion, terrible jobs, anticipation, disappointment, cubicles, break-ups, transition, quarter-life crisis, loneliness, post-college what the heck, moderate success sandwiched between complete failure. We need a worn and weathered guide stashed somewhere close by to help shed some light on this defining decade. That guide is this book. Expanded from the blog post "21 Secrets for Your 20s" that spread like Internet wildfire with nearly a million readers in 190 countries, 101 Secrets for Your Twenties will encourage, inspire, prompt a plethora of LOLs, and kick-start your life forward with its witty, honest, and hilarious wisdom-stuffed pearls to help you rock life in your twenties.

## Book Information

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## Customer Reviews

This is the book that I picked up and swore I wouldn't like, because it looked so gimmicky. It's also the book that saw me laughing all the way through, accompanied by occasional sighs and rueful nods of acknowledgement. I sent it to my friend this past week- not my copy but a new one, because my copy was one that I wanted to have handy for a pick-me-up on days where I'm

feeling stuck or depressed about work, writing, dreams, the future, or just life in general. As the title says, this book is made up of 101 "secrets". Some are wise and practical (#19: Our plans aren't the problem. Our timeline is.) Others are laugh-out-loud funny even without Angone's commentary (#5: Don't ever, ever check Facebook when you're A. Depressed. B. Drinking. C. Depressed and drinking. D. Unemployed. E. Struggling with being blessed with singleness while some of your friends seem to be blessed with a Brad Pitt lookalike and that blazing white picket fence shining with the glory of the American Dream on steroids. OR " F. Anytime after 9:17 p.m.) Others share gems of spiritual wisdom (#50: God in His infinite mercy saves us from syllabus syndrome.) The overall picture of this book is one of hope. It combines truth and motivation for keeping on keeping on, humor, and insights into improving your situation- or, perhaps, seeing your situation in a different light. Who among us doesn't need smiles along the path of life? If you're twenty-something, do yourself a favor and pick up this book. If you're not, do a friend/family member a favor and give it to them as a gift. We're probably low on free cash and would greatly appreciate it. (Secret #8: Those friends who are uber-successful in their 20s are the outlier- not the norm) 4.5 out of 5 stars.

101 Secrets For Your Twenties would make for a perfect college graduation gift. I wish I'd had a book like this one as I floundered through my twenties. Paul's book is a fast read containing short and easily relatable snippets about some of the tough things a person faces in their twenties. The book is really funny while still offering sage advice from someone who was recently figuring out life as a twenty something. In the book he writes, "If at some point between 22 - 27 you feel like you're six years old again, lost and alone at the San Diego Zoo, frantically searching for a familiar face - hold tight, you're experiencing a bit of a Quarter Life Crisis. Stay put. Pray a lot. And in no time someone will call your name across the loud speaker to tell you where you can be found." A few of my favorite lessons: Lesson #7: Feel no shame in seeking help from a counselor or therapist. We all have rotting junk we try to wrap and hide under the Christmas tree. Get rid of it. Lesson #11: Lousy jobs are the Twentysomething rite of passage. Lesson #54: In the working world, very rarely is someone waiting there to teach you how to do your job. They're expecting you to teach yourself. Definitely recommend this to anyone who is floundering through their 20s, or has a kid or friend who is trying to determine their next steps.

Length: 2:03 Mins

This book would make a great college graduation gift or twentysomething birthday gift. It's filled with great advice on how to approach everything from career to dating to chasing your dreams and keeping the right attitude so you can navigate those waters of being a young adult. Like Paul says in the book, it's not a step-by-step plan, but a "conversation starter and instigator to prompt us to think, speak and believe differently about our lives." Paul's sense of humor runs throughout the book - including laugh-out-loud moments, all making it fun to digest his insightful, wisdom-filled nuggets.

Great advice, good insight. Maybe my almost 19 year old son will hear things from a book and young author that he wouldn't "hear" from me. Great sense of humor, but with a frequent ring of truth for todays rapidly changing world. Sometimes slightly trivial, and overly geared to "cubicle dweller" jobs, but still a good read with good ideas, accurate insight, and helpful wisdom. From an unapologetic Christian perspective, but not at all a judgemental dogmatic attitude at all. Nor is it syrup-py and cliched. The author simply includes his Christian faith as a given in some of the bits of advice. Nicely sliced into 1-3 page "chapters" that unfortunately, may becoming required for todays embarrassingly SHORT attention spans. A good book.

Firstly I love the way this book is laid out. There are 101 snippets of advice, and they are clearly numbered and kept fairly brief. This makes it really easy to read, and also really easy to refer back to. I have dog-eared some of the pages for things I want to remember and come back to later on. You don't have to read the whole book in one go, it's easy to pick up and snatch a few snippets of advice in short blocks of time. The content of the book is also really relevant to me - I am 29 now, almost the same age as the author, and I wish I had known some of this stuff when I was 19. This type of self-help book should be mandatory reading for young-uns embarking on their adulthood, as well as their parents. Sometimes the hardest part of your 20s is explaining yourself to your parents, and Paul recognises this. This is the type of book I would share with my friends, because I think that they would really benefit from it too. Couldn't recommend it highly enough.

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